



Rookies Cantina

MEXICAN RESTAURANT

140 S US Highway 17-92
Longwood FL 32750
(407) 636-3053

20% Automatic gratuity will be added for parties of six (6) or more.



Appetizers

EMPANADAS 11.50

Handmade pastries filled with provolone mozzarella cheese and your choice of ground beef or shredded chicken.

CEVICHE 13

Slowly marinated fish or shrimp in lime juice, seasoned with spices, onions, tomatoes, cucumbers and cilantro.

TAQUITOS DORADOS 11.50

Fried corn tortillas filled with shredded chicken or shredded beef. Topped with lettuce, fresco cheese, sour cream and red onions. Served with a side of avocado sauce.

GUACAMOLE

Fresh avocado with tomatoes, onions, cilantro, lime juice and salt. Small 6.50 Regular 10.50

FRIED PICKLES 8.50

Fried pickles served with ranch dressing.

JALAPENO POPPERS 10

Stuffed, breaded and deep fried jalapeño peppers. Topped with our special house cream sauce.

CHICKEN WINGS

Half Order 10 Full Order 15
Sauce: Barbecue, Mild, Hot

QUESO DIP

Small 6 Regular 8

BEAN DIP

Small 7 Regular 9

Salads



ROOKIES SALAD 13.50

Fresh salad greens with cucumbers, tomatoes, onions, fresco cheese and topped with our delicious Buffalo fried chicken.



CLASSIC NACHOS 12.50

Loaded with ground beef or shredded chicken and melted cheese. Topped with lettuce, sour cream, jalapeños and pico de gallo.

NACHOS PREMIUM 15.99

Loaded with your choice of protein and melted cheese. Topped with lettuce, sour cream, jalapeños and pico de gallo.
Grilled Steak • Grilled Chicken / Sub Shrimp 4

ROOKIES FRIES 12.50

Seasoned fries with chorizo, bacon, cilantro, ranch dressing and a melted cheese blend (provolone, mozzarella and cheddar). Served with house ranch dressing.

BEEF DIP

Small 7 Regular 9

CHORIZO DIP

Small 7 Regular 9

DRESSINGS House, Ranch, Vinaigrette and Bleu Cheese

HOUSE SALAD 8

Fresh salad greens with cucumbers, tomatoes, onions and fresco cheese.

Add on: Chicken 4.50 / Steak 5.25 / Shrimp 6.25

TACO SALAD 12.50

Flour tortilla bowl filled with your choice of shredded chicken or ground beef, monterey Jack and cheddar cheese, sour cream and pico de gallo.

TACO SALAD PREMIUM 15.50

Flour tortilla bowl filled with your choice of protein, mixed cheese, sour cream and pico de gallo.
Grilled Steak • Grilled Chicken / Sub Shrimp 4

ROOKIES BOWL 13.50

Fresh salad greens topped with your choice of protein, black beans, rice, mixed cheese, sour cream, pico de gallo and guacamole.

Shredded Beef • Ground Beef • Shredded Chicken
Sub Steak or Grilled Chicken 3.50 / Shrimp 4

Soups

CHICKEN TORTILLA SOUP

Small 6.50 Bowl 10

MENUDO Bowl 15.50

POZOLE Bowl 15.50

COCTEL DE CAMARONES

Bowl 18.50

*Consuming raw or undercooked meats, poultry, seafood, or eggs may increase your risk of a food borne illness

Enchiladas

All enchiladas are served with rice, refried beans, lettuce, sour cream and pico de gallo.

ENCHILADAS ROJAS Three corn tortillas rolled and filled with ground beef and covered with red sauce and melted cheese 14.50

ENCHILADAS VERDES Three corn tortillas rolled and filled with shredded chicken and covered with green tomatillo sauce and melted cheese. 14.50

CHEESE ENCHILADAS Three corn tortillas rolled and filled with cheese and covered with red sauce and melted cheese 14.50

ENMOLADAS Three corn tortillas rolled and filled with shredded chicken and covered with our exclusive mole sauce, fresco cheese, onions, cilantro and sour cream 15



Traditional

All traditional plates are served with Mexican rice, black beans and your choice of tortillas

POLLO CON MOLE
Shredded chicken simmered in mole sauce 17

PUERCO EN SALSA VERDE
Pork butt slow cooked in green tomatillo sauce with cactus and onions 15

PUERCO EN SALSA CHIPOTLE
Pork butt slow cooked in chipotle sauce 15

CHICHARRON EN SALSA VERDE
Pork skin cooked in green tomatillo sauce with cactus and onions 15

CHILES RELLENOS
Bread poblano peppers filled with ground beef or cheese. Topped with ranchero sauce and fresco cheese. 1 Chile Relleno 13.50 • 2 Chiles Rellenos 17

TAMALES
Pork or chicken tamales covered with red or green sauce and melted cheese 15

SALSA VERDE CON NOPALES
Ground beef with chorizo cooked in green tomatillo sauce with cactus and onions 15

Tacos

All tacos are served in your choice of tortillas with Mexican rice and refried beans*

CARNE ASADA TACOS
Three grilled steak tacos topped with onion and cilantro 14.50

SHRIMP TACOS
Three seasoned grilled shrimp tacos topped with cabbage salad 15.75

MAHI MAHI TACOS
Three mahi mahi fish tacos topped with cabbage salad 15.75

CARNITAS TACOS
Three carnitas tacos topped with onion and cilantro 14.50

GRINGO TACOS
Three ground beef or shredded chicken tacos, topped with lettuce, mixed cheese and pico de gallo 13.50

PASTOR TACOS
Three marinated pork tacos topped with pineapple, onion and cilantro 14.50

NORTENOS
Three Steak Tacos topped with fresco cheese, avocado slices, onions, cilantro and a side of Rookies Sauce 16



Kids Menu

Children 12 and Under

CHICKEN FINGERS with French fries. 8

KIDS QUESADILLA Choice of ground beef or shredded chicken, rice and refried beans. 8

MACARONI AND CHEESE 7.50

KIDS BURRITO Choice of ground beef or shredded chicken, rice and beans 8

KIDS TACO Choice of ground beef or shredded chicken, rice and beans 8

Fajitas

All fajitas are served with rice, refried beans, lettuce, mixed cheese, sour cream, guacamole, pico de gallo and your choice of tortillas.

CHICKEN FAJITAS 16.50

Seasoned grilled chicken with sautéed bell peppers and onions.

STEAK FAJITAS 17.50

Seasoned steak with sautéed bell peppers and onions.

SHRIMP FAJITAS 19

Seasoned shrimp with sautéed red and green peppers and onions.

PORK FAJITAS 17.50

Marinated pork carnitas with sautéed green and red peppers and onions.

VEGGIE FAJITAS 16.50

A combination of cooked zucchini, broccoli, mushrooms, green and red peppers, onions and tomatoes.

ROOKIES FAJITAS 20

Seasoned steak, chicken and chorizo with sautéed bell peppers and onions.

MUSHROOM JACK CHICKEN FAJITA 19

Seasoned grilled chicken, provolone mozzarella cheese and bacon, with sautéed onions and peppers

FAJITA TRIO 23

Seasoned steak, grilled chicken and seasoned shrimp with sautéed red and green peppers and onions.

FAJITAS FOR TWO 29.99

Seasoned steak and grilled chicken with sautéed red and green peppers and onions.

FAJITA TRIO FOR TWO 35

Seasoned steak, grilled chicken and seasoned shrimp with sautéed red and green peppers and onions.

FAMILY SIZE FAJITA 45

Seasoned steak, shrimp, grilled chicken and pork carnitas with sautéed onions and peppers.



Favorites

All favorites are served with rice, refried beans, lettuce, sour cream and pico de gallo

QUESADILLA PREMIUM 16.50

Flour tortilla filled with provolone, mozzarella, bell peppers, onions and your choice of filling. Grilled Steak • Grilled Chicken • Carnitas • Shrimp • Chorizo • Shredded Beef • Pastor

BIG QUESADILLA 14

Flour tortilla filled with provolone, mozzarella, bell peppers, onions and your choice of filling. Shredded Chicken • Ground Beef • Vegetables

CHIMICHANGA 15

Flour tortilla wrapped, deep fried and stuffed with rice, mixed cheese, refried beans and your choice of filling. Shredded Chicken • Ground Beef • Vegetables

CHIMICHANGA PREMIUM 16.50

Flour tortilla wrapped, deep fried and stuffed with rice, mixed cheese, refried beans and your choice of filling. Grilled Steak • Grilled Chicken • Carnitas • Shrimp • Chorizo • Shredded Beef • Pastor

BIG BURRITO 14.50

Flour tortilla stuffed with rice, refried beans, mixed cheese and your choice of filling. Topped with your choice of red or green sauce. Shredded Chicken • Ground Beef • Vegetables

BURRITO PREMIUM 16.50

Flour tortilla stuffed with rice, refried beans, mixed cheese and your choice of filling. Topped with your choice of red or green sauce. Grilled Steak • Grilled Chicken • Carnitas • Shrimp • Chorizo • Shredded Beef • Pastor

TOSTADAS 14

Two flat crispy corn tortillas with a spread of refried beans topped with your choice of ground beef or shredded chicken, lettuce, pico de gallo, fresco cheese and sour cream.

Create Your Own Combination

Combos are served with rice, refried beans, lettuce, sour cream and pico de gallo

PICK 2 14.50

PICK 3 16.50

FAVORITES:

Burrito, Enchilada, Taco,
Tostada, Quesadilla

FILLING:

Ground Beef,
Shredded Chicken



Entrees

CABALLO LOCO 26

Ribeye steak grilled to your preference with two chicken enchiladas, refried beans, lettuce, pico de gallo and sour cream.

CARNE ASADA 25

Ribeye steak grilled to your preference and topped with onions, tomatoes and jalapeños. Served with rice, refried beans, lettuce, guacamole, pico de gallo and your choice between corn or flour tortillas.

MAR Y TIERRA 27

Ribeye steak grilled to your preference with grilled shrimp covered with our red or green sauce. Served with rice, refried beans, lettuce, pico de gallo and sour cream.



RIBEYE LOADED 25

Ribeye steak grilled to your preference topped with mushrooms, onions and cheese dip. Served with rice and refried beans.

FLAMEADO 20

Steak strips grilled with peppers, onions and bacon. Topped with melted cheese and served with rice, refried beans and your choice of corn or flour tortillas.

POLLO LOCO 20

Grilled chicken with two ground beef enchiladas, refried beans, lettuce, pico de gallo and sour cream.

CARNITAS 18.50

Seasoned pork tips, served with rice, refried beans, side of green sauce and your choice of corn or flour tortillas.



ROOKIES BURGER 15.50

Homemade 100% beef patty grilled to perfection with chorizo and cheese. Topped with lettuce, pico de gallo, mayo and avocado slices. Served with fries.

MUSHROOM JACK BURGER 16.50

Angus Beef patty grilled to perfection with grilled onions and mushrooms. Topped with mayo, lettuce, pico de gallo and cheese. Served with fries and jalapeño toreado.

GRILLED CHICKEN LOADED 18

Grilled chicken topped with mushrooms, onions and cheese dip. Served with rice and refried beans.

CAMARONES A LA DIABLA 18.50

Sautéed shrimp topped with our Diabla sauce, served with rice, corn esquites, lettuce, pico de gallo and sour cream.

CAMARONES AL SCAMPI 18.50

Sautéed shrimp in a delicious scampi sauce. Served with rice, corn esquites, lettuce, pico de gallo and sour cream.

CAMARONES AL MOJO DE AJO 18.50

Sautéed shrimp in a bath of garlic. Served with rice, corn, lettuce, pico de gallo and sour cream.

CAMARONES EN SALSA VERDE 18.50

Sautéed shrimp topped with our green sauce. Served with rice, corn, lettuce, and pico de gallo.

MOJARRA FRITA 19

Fried tilapia served with rice, lettuce, cucumbers, tomatoes, onions and fresco cheese.

PESCADO A LA PLANCHA 18

Grilled haddock served with rice, lettuce, cucumbers, tomatoes, onions and fresco cheese. Sub for Grilled Mahi Mahi 3.50

GRILLED SALMON 20

Grilled salmon topped with our house garlic butter. Served with Mexican rice and mixed veggies.



Lunch Specials

MONDAY TO FRIDAY FROM 11 AM TO 3 PM

All lunch specials are served with rice, refried beans, lettuce, sour cream and pico de gallo

ENCHILADAS LUNCH 11

Two corn tortillas rolled, with your choice of filling and covered with your choice of sauce and melted cheese.
Shredded Chicken • Ground Beef • Cheese

ROOKIES LUNCH BOWL 11

Fresh salad greens topped with your choice of protein, black beans, rice, mixed cheese, sour cream, pico de gallo and guacamole.
Shredded Chicken or Ground Beef

TACOS LUNCH 11.50

Two tacos with your choice of filling, topped with onions and cilantro.
Grilled Steak or Carnitas

SPEEDY GONZALEZ 11.50

One taco and one enchilada with your choice of filling.
Shredded Chicken or Ground Beef

CHIMICHANGA LUNCH 12

Flour tortilla wrapped, fried and stuffed with rice, refried beans, mixed cheese and your choice of filling and topped with cheese dip.
Shredded Chicken or Ground Beef

BIG BURRITO LUNCH 11.75

Flour tortilla stuffed with rice, refried beans, mixed cheese and your choice of filling. Covered with your choice of sauce and melted cheese.
Shredded Chicken or Ground Beef

QUESADILLA LUNCH 11.50

Flour tortilla filled with provolone, mozzarella, bell peppers, onions and your choice of filling.
Shredded Chicken or Ground Beef

TACOS GRINGOS 11

Two tacos with your choice of filling, topped with mixed cheese, lettuce and pico de gallo.
Shredded Chicken or Ground Beef

Desserts

CHURROS 8

FLAN 8

SOPAPILLAS 8.50

ICE CREAM 4.50

FRIED ICE CREAM 8.50

PINA COLADA CHEESECAKE 9.50

CHOCOLATE MOLTEN CAKE 10



Sides

SIDE HOUSE SALAD 5

VEGETABLES 4.50

FRENCH FRIES 5

MEXICAN RICE 4.50

REFRIED BEANS 4.50

CORN ESQUITES 4.50

MEXICAN CORN SALAD 5.50

SOUR CREAM 1.50

GUACAMOLE 2

PICO DE GALLO 1.50

JALAPENOS 1.50

MIXED CHEESE 2.50

CHEESE DIP 3.50

FAJITA SETUP 9

PORK SKIN 5

Beer

IMPORT CORONA, CORONA LIGHT, DOS EQUIS LAGER, DOS EQUIS AMBER, NEGRA MODELO, MODELO ESPECIAL, BOHEMIA, VICTORIA, HEINEKEN, SOL

DOMESTIC BUDLIGHT, BUDWEISER, MILLER LITE, COORS LIGHT, MICHELOB ULTRA, YUENGLING

Beverages

AGUAS FRESCAS, JARRITOS, NATURAL JUICES, ROOT BEER, ICED TEA, BOTTLE WATER

COCA COLA PRODUCTS > COKE | DIET COKE | ORANGE FANTA | SPRITE | MINUTE MAID LEMONADE | ROOT BEER